

Referral criteria: Responsive adolescent and children's home-based treatment (REACH) team at Wakefield CAMHS (previously CAMHS crisis team)

Who do we help?

Our service is for children and young people experiencing emergency, urgent or intense mental health difficulties, including those who are:

- At risk of immediate and significant self-harm
- An immediate and significant risk to others due to their mental health
- Are being considered for admission to a mental health inpatient unit
- Are in acute psychological or emotional distress that is causing them to not be able to go about their daily activities, such as going to school and looking after themselves.

What support can we offer?

- Triage and signposting
- Flexible support including home-based and community treatments
- Consultation, care planning and risk assessment
- Multi-disciplinary team working and formulation
- Responsive assessment – which is needs-led
- Treatment and therapeutic interventions
- Support to access inpatient CAMHS treatment or transition back to the community.

What happens when I make a referral?

A clinical discussion with a mental health practitioner will be undertaken to determine which pathway should be accessed to meet the current needs of the child or young person being referred.

Following a referral the following steps will be undertaken by the team:

- Assessment will be provided in the least restrictive place for the child or young person
- It will be required that a parent, carer or appropriate adult is present for the assessment, to support the safety and care plan
- The child or young person will be offered time to speak alone with the mental health practitioner.

Intensive home-based treatment

Intensive home-based treatment is for children and young people:

- Who have acute psychiatric or psychological symptoms
- Whose mental health is getting worse, and who are at high risk of experiencing an acute psychiatric crisis.

We help to plan for children and young people who are ready to come home from a mental health inpatient unit.

We also help to provide out of hours care for young people who are already working with specialist CAMHS teams.

What does intensive home-based treatment include?

A child or young person can expect to be provided with a range of interventions when receiving intensive home-based treatment, this could include:

- Flexible support including home-based and community treatments
- Consultation, care planning and risk assessment
- Multi-disciplinary team working and formulation
- Treatment and therapeutic interventions
- Support to access inpatient CAMHS treatment or transition back to the community.

Discharge from the REACH team

When a young person no longer needs to be seen by the REACH team, we will make a discharge plan with them and their family as early as possible. This is to make sure they can have a positive move to another service or be completely discharged from the team.

This might be to another community CAMHS service, to another service / agency or back to universal services (such as their GP or school nurse). This depends on the needs of the child or young person.

Our opening hours

We now operate seven days a week and for longer hours; delivering services between 9am - 8pm every day.

Contact us

You can contact the REACH team between 9am – 8pm, seven days a week.

To refer or get in touch with the team, please contact Single Point of Access (SPA) Wakefield on 01977 735865.

If you need support outside of these hours, please contact the relevant GP practice (this will be directed to the GP out-of-hours service), NHS 111 or A&E if this is an emergency.

Further information for professionals

Process for assessment – hospital

The team offer mental health assessment to children and young people presenting to hospital with acute mental health needs and/or self-harm.

Process for assessment – community

On completion of the clinical triage of the referral, a time and venue will be confirmed. A safety plan will be formulated for the interim until the assessment takes place. Community assessments will take place during the working hours of the team (9am - 8pm).

In-reach support

For those young people who do require an inpatient admission, we will support the inpatient unit and community teams by offering in-reach support through facilitating home leave and attending ward rounds in order to provide a timely and safe discharge. The team will offer intensive home-based treatment to support the transition back into the community setting also.